

NSG 636 : Health, Healing, & Self Care

This course provides analyses and applications of models for healing, health promotion and protection, and self-care used in advanced nursing practice and evidence-based research. Design and implementation of nursing interventions and selected complimentary, alternative and integrative therapies (CAM) which facilitate lifestyle changes across the lifespan. The nurse-client role, including nurse as coach, is applied. The impact of social determinants of health (SDOH) and health literacy related to prevention, self-care, and health promotion are examined.